

Readiness Rulers

READINESS - How *ready* are you to make this change?

1 2 3 4 5 6 7 8 9 10

Not Somewhat Very

IMPORTANCE - How *important* is it to you that you make this change?

1 2 3 4 5 6 7 8 9 10

Not Somewhat Very

CONFIDENCE - How *confident* are you about making this change?

1 2 3 4 5 6 7 8 9 10

Not Somewhat Very
