

Collaborative Care Psychiatric Consultant

JOB DESCRIPTION

This is a [FTE] clinical position as a Collaborative Care Psychiatric Consultant with a primary focus on managing mild-to-moderate behavioral health conditions of patients who receive their primary care at [CLINIC]. The Psychiatric Consultant is an integral member of the Collaborative Care team that involves the patient, the patient’s treating provider, a behavioral health care manager, and when available, other behavioral health providers.

The psychiatric consultant supports the collaborative care team through regular consultation on an assigned caseload of patients. The psychiatric consultant advises the prescribing medical provider (treating provider) on appropriate medications and other treatment strategies, and also provides the care team with educational support on diagnosing and managing behavioral health conditions.

DUTIES AND RESPONSIBILITIES INCLUDE:

- Provide regularly scheduled (typically weekly) caseload consultation (“systematic case review”) to behavioral health care managers. Systematic case reviews focus primarily on patients who are new to the caseload or are not improving as expected with their current treatment plan. Systematic case reviews may be conducted by telephone, videoconference, or in person.
- Work with behavioral health care managers to oversee the status and population health of their assigned patient caseload. The psychiatric consultant uses a registry to track all assigned patients and prioritize patients for case review and treatment adjustment.
- Recommend any treatment adjustments via systematic case review or ad hoc consultations, including medication recommendations and other interventions. Recommendations should take place within 24 hours of consulting with a behavioral health care manager or other team members.
- Availability to advise on treatment for patients who may need more intensive or more specialized mental health care, supporting treatment in the medical setting until patients can be engaged in specialized care as appropriate.
- Availability to provide occasional ad hoc telephone consultation to medical providers for very complex patients or challenging patient situations.
- Response to telephone calls from medical providers and behavioral health care managers within one business day.
- Response to urgent telephone calls within one hour, if available.
- As necessary, coordination with other psychiatric consultants for vacation coverage.

REQUIRED QUALIFICATIONS:

- Licensed psychiatrist or psychiatric nurse practitioner
- Demonstrated ability to collaborate effectively in a team setting
- Excellent communication skills
- Positive, flexible, and solution-focused attitude

- Ability to quickly synthesize medical and psychiatric data and formulate effective and evidence based clinical recommendations

DESIRED QUALIFICATIONS:

- Board-eligible in psychiatry
- Experience with primary care psychiatry or consultation-liaison psychiatry
- Experience with practicing as part of a Collaborative Care team and/or has completed the APA Collaborative Care training module(s)

RESOURCE REQUIREMENTS AND TYPICAL WORKLOAD

For each full-time behavioral health care manager, organizations will need around 0.1 FTE (4 hours per week) of psychiatric consultant time to assist in managing a full caseload. FTE can be adjusted for partial FTE care managers and partial caseloads.